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to remember the subtle differences in technique which go with each one. <http://chemtron-vostok.ru/media/canon-powershot-sd1100is-manual-pdf.xml>

Its nice to have proper names for the techniques but these are not always the same as the instructor learned them and these seem to differ as much as the chinese dialects. Other than this minor complaint, I have found it very useful, easy to read, and understand. The pictures definitely help the description of each technique. There are good explanations as to what each Tui Na technique is useful for and the conditions helped by it. I would recommend this book for anyone attempting to learn and understand Tui Na. This is the textbook we currently use. The writing is done well enough to explain the subject of Tui Na in normal every day language. This was definitely written for a first year or for someone who is starting to get into Oriental Medicine. It might help to know where the different qi points are and to have an understanding of the different channels. I feel this book has increased my skills greatly over the 2 years I have had it. It is one of the books I need for school. DVD included in the book is useless to MAC owners using updated operating system that no longer supports Power PC. Amazon sold this product knowing that the DVD was useless to MAC owners with updated operating systems. I can not return book past return date just opened the DVD yesterday. This is a bit deceptive on Amazons part and there is no way to voice my concern other than through this review! his review is about Amazon not about the book. The Pritchard book is quite helpful and a nice improvement from her last edition. Instructions, descriptions and stories included in the book are very helpful. I wish I could see what was on the DVD!!! That is why I purchased this edition, having already purchased Sarahs first text on Amazon last year. I wish Amazon would correct this so others dont get caught in the same situation. I wish Amazon would contact me to resolve the issue like they have done with other concerns in the past. Waiting for your call Amazon! The problem is the DVD.

I could not get it to work at all, neither using computer nor using DVD player. They should just sell the book without the DVD as it is unusable which would bring the cost of the book down. A little disappointed with this. I studied Tui Na under Sarah at the LCTA. She was a tremendous inspiration to me and the other students, in her skill, enthusiasm, teaching ability and wonderful personal energy. This longawaited manual of Tui Na for practitioners has been eagerly awaited by her students. It contains all of the factual information taught in the course, and more. It has been very useful for me to use this book to review what I learned during my training and my practice has already improved as a result I am using Yi Zhi Chan Tui Fa more confidently and I have begun to appreciate more of the subtleties of the routines. The book has also inspired me to start making plans to do further training in China. Im not sure if I would recommend this book to the layperson. It assumes a knowledge of Traditional Chinese Medicine theory and the points and channels. Although the theory is available in books, I would say that it is difficult to grasp it without constant input from experienced instructors. Also, certain techniques such as Yi Zhi Chan and Gun Fa are difficult to learn and require regular correction, and the same is true for point location. For someone who wants to learn some Tui Na for use on friends and family, perhaps Sarahs earlier book, the Chinese Massage Manual, would be more suitable. Sorry, we failed to record your vote. Please try again Videos are available online to make the content clearer. Written by a pro in the field. This is important. Sorry, we failed to record your vote. Please try again Its a must have for anyone studying Tuina. The additional dvd also makes the subject easier to understand. Sorry, we failed to record your vote. Please try again Sorry, we failed to record your vote. Please try again Definitely worth the purchase.

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I wish I could see what was on the DVD!!! That is why I purchased this edition, having already purchased Sarahs first text on Amazon last year. I wish Amazon would correct this so others dont get caught in the same situation. I wish Amazon would contact me to resolve the issue like they have done with other concerns in the past. Waiting for your call Amazon! The problem is the DVD. I could not get it to work at all, neither using computer nor using DVD player. They should just sell the book without the DVD as it is unusable which would bring the cost of the book down. A little disappointed with this. I studied Tui Na under Sarah at the LCTA. She was a tremendous inspiration to me and the other students, in her skill, enthusiasm, teaching ability and wonderful personal energy. This longawaited manual of Tui Na for practitioners has been eagerly awaited by her students. It contains all of the factual information taught in the course, and more. It has been very useful for me to use this book to review what I learned during my training and my practice has already improved as a result I am using Yi Zhi Chan Tui Fa more confidently and I have begun to appreciate more of the subtleties of the routines. The book has also inspired me to start making plans to do further training in China. Im not sure if I would recommend this book to the layperson. It assumes a knowledge of Traditional Chinese Medicine theory and the points and channels. Although the theory is available in books, I would say that it is difficult to grasp it without constant input from experienced instructors. Also, certain techniques such as Yi Zhi Chan and Gun Fa are difficult to learn and require regular correction, and the same is true for point location. For someone who wants to learn some Tui Na for use on friends and family, perhaps Sarahs earlier book, the Chinese Massage Manual, would be more suitable. Sorry, we failed to record your vote.

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contains detailed and clearly illustrated descriptions of Tui na techniques, how to practice them, their clinical applications and therapeutic effects. Foundation area routines are provided to support the development and fluidity of manual skills and to give an initial structure for building treatments. The book has a unique approach to creating and planning Tui na treatments.

Avoiding the prescriptive approach usually employed, the author discusses the principles of practice and enables the student/practitioner to make choices and formulate treatments by bringing together their knowledge and skills. Frameworks are provided, and techniques, methods and approaches suggested for presenting patterns of disharmony within the treatment of common ailments. She trained in both the UK and in Nanjing, China, and has been working as a professional Tui na practitioner and acupuncturist since 1994. She is the Tui na course coordinator and senior lecturer at the City College of Acupuncture, and the founder and director of Blackheath Complementary Health Centre, London. She is the chair and a founder member of the UK Register of Tui na Chinese Massage. [Subscribe to our newsletter now](#) [Read past newsletters](#) [Recent News](#) [Visit our Publishers Represented page](#) to learn more. It contains detailed descriptions of Tui na techniques, how to practice them, their clinical applications and therapeutic effects. Foundation area routines are provided to aid the development and fluidity of manual skills and to give an initial structure for building treatments. The book has a unique approach to creating and planning Tui na treatments. Avoiding the prescriptive approach usually employed, Sarah Pritchard discusses the principles of practice and enables the student/practitioner to make choices and formulate treatments by bringing together their knowledge and skills. Frameworks are provided, and techniques, methods and approaches suggested for presenting patterns of disharmony within the treatment of common ailments. [Show more Tui na](#) A manual of Chinese massage therapy is a comprehensive handbook for the 21st century student and practitioner of Tui na working in the West. The book describes the roots and development of Tui na, how it works therapeutically within the context of Chinese medicine and how to become an effective Tui na practitioner.

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cold and coughs; Coughs and colds case studies; Asthma; Chapter 16 Combining acupuncture and Tui na in practice; Applying Tui na while the needles are retained. It also includes guidance on diagnosis, and on planning and tailoring treatments. Please select Ok if you would like to proceed with this request anyway. The author describes the roots and development of Tui na, how it works therapeutically with the context of Chinese medicine, and how to become an effective Tui na practitioner. The book contains detailed and clearly illustrated descriptions of Tui na techniques, how to practice them, their clinical applications and therapeutic effects. All rights reserved. You can easily create a free account. It contains detailed descriptions of Tui na techniques, how to practice them, their clinical applications and therapeutic effects.

Foundation area routines are provided to aid the development and fluidity of manual skills and to give an initial structure for building treatments. For more information on what data is contained in the cookies, please see our Privacy Policy page. To accept cookies from this site, please click the Allow button below. It also includes guidance on diagnosis, and on planning and tailoring treatments. The author describes the roots and development of Tui na, how it works therapeutically with the context of Chinese medicine, and how to become an effective Tui na practitioner. The book contains detailed and clearly illustrated descriptions of Tui na techniques, how to practice them, their clinical applications and therapeutic effects. Foundation area routines are provided to support the development and fluidity of manual skills and to give an initial structure for building treatments. The book has a unique approach to creating and planning Tui na treatments. Avoiding the prescriptive approach usually employed, the author discusses the principles of practice and enables the student practitioner to make choices and formulate treatments by bringing together their knowledge and skills. Frameworks are provided, and techniques, methods and approaches suggested for presenting patterns of disharmony within the treatment of common ailments. Each is listed by page number and the name of the technique. If you've tried this item, share your experience. If you want NextDay, we can save the other items for later. Order by, and we can deliver your NextDay items by. You won't get NextDay delivery on this order because your cart contains items that aren't "NextDay eligible". In your cart, save the other items for later in order to get NextDay delivery. Oops! There was a problem with saving your items for later. You can go to cart and save for later there. Get more info About This Item We aim to show you accurate product information.

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